



Active Lake District



HOLIDAY TYPE: Small Group
VISITING: UK

BROCHURE CODE: 4001
DURATION: 6 nights

In Brief

Enjoy England's spectacular Lake District and make the most of the chance to climb, scramble, canoe, hike and abseil your way around this delightful location. During your free time, you can explore the charming and friendly town of Keswick just a 20-minute drive from your hotel.

Our Opinion

“ Growing up just outside Keswick means I am the resident expert in the office for the Lake District. There are lots of activity providers in this area but I have never come across any as professional, enthusiastic or specialised as our partners here. They seem to manage the right balance between encouraging and challenging every family who visit them, in order to ensure everyone comes away feeling like they have achieved something special. ”

Amy Hope



What's included?

- This is a self-drive holiday*
- Transfers to and from activities are all included
- **Accommodation:** 6 nights' hotel accommodation in a standard double/twin room
- **Meals:** 6 breakfasts, 4 lunches (with activities), 3 dinners
- **The following activities are included in the holiday:** Exploration hike, watersports day (canoeing and paddleboarding), climbing and abseiling, Borrowdale challenge day (**order of activities is subject to change**)
- All equipment, tuition and supervision from fully qualified instructors

* **Please note:** As you will not require your own vehicle once in the area, we can provide you with local taxi details, so that you can arrange your own transfers from Penrith train station to the hotel, should you choose to arrive by train. Please speak to our Travel Experts for further information.

Trip Overview

The Lake District is undeniably one of the most beautiful regions in England, with its glistening lakes and towering fells providing an exceptional setting for a family activity holiday.

The activities included with this holiday are based around the picturesque Borrowdale Valley and 'The Queen of the English Lakes'; Derwentwater and your family will walk, climb, scramble, abseil, canoe and paddleboard around this open-air adventure playground accompanied by some of the best guides in the business. These are always hugely popular activities with families, allowing children to be challenged whilst also having a great deal of fun!

Your hotel accommodation is situated at the southern end of Derwentwater, just a scenic 20-minute drive, skirting the lake, from Keswick. Your hotel is also the starting point for your activities. This is a self-drive holiday and although it is possible to do without a car (please speak to our Travel Experts for further information on this) a car does give you some added flexibility in getting to Keswick if you wish to make the most of this traditional Lake District town with its delightful mix of independent shops, outdoor equipment stores, cafés and cosy traditional hikers' pubs. We highly recommend wandering around the town

centre during any free time, especially visiting the local farmers' market on Thursday.

Just a short walk from the centre of Keswick is Castlerigg stone circle, the Stonehenge of the North! It is not on the same scale as its more showy cousin, but there is no doubt the surrounding scenery is more impressive – definitely worth a visit during any free time.

Image credits: Jay & Lily Collier (clients), Glaramara, Platty+

Agenda

Please note the order of activities is subject to change

DAY
1

ARRIVAL AND WELCOME

Upon arrival in the beautifully scenic Lake District, you will be able to check into your accommodation from around 3pm onwards (approximate timing), allowing you the chance to settle in and explore. This evening a welcome meeting will be held with your guide to discuss the week's programme. This will be followed by a delicious welcome dinner in the hotel restaurant.

Included Meals: Dinner

DAY
2

EXPLORATION HIKE

After a hearty breakfast, you will be picked up to spend a day exploring one of the Lakeland Mountains. Your guide will discuss the local scenery and wildlife and, depending on the route, it may include visits to caves and mines which can be found throughout the region. There will be games along the way to allow the group the chance to get to know one another and for the children to make friends. There is no better introduction to The Lakes than this, as the guides here are all local experts. A picnic lunch is included today.

Included Meals: Breakfast, Lunch

DAY
3

WATER SPORTS DAY

Today will be spent on Derwentwater, known as the 'Queen of the English Lakes'. From your base at Lodore landings, you can really take in the magnificence of your surroundings and soon you will be exploring them whilst learning the strokes required to manoeuvre your canoe out on the open water. You may even visit one of the islands in Derwentwater and learn some basic bushcraft skills.

After a picnic lunch, you will take back to the water on a paddleboard. Once you have picked up the basic technique you will soon realise what a serene activity this is and it really affords you the opportunity to take in the amazing landscape around you.

Included Meals: Breakfast, Lunch

DAY
4

FREE DAY

Today your family will have the opportunity to explore at your own pace. You may like to enjoy a stroll around the numerous attractions of Keswick, an independent hike up one of the nearby fells or perhaps an additional local activity (bookable and payable locally).

One of the most popular options for families with older children is the Via Ferrata at Honister Slate Mine. A series of ladders and rungs are installed into the rock face around the mine and allow inexperienced climbers access to areas they would otherwise be unable to reach. There are some real adrenaline rushes to be had and some fantastic views can be seen from the top of the route. The activity lasts approximately two hours and the price includes transfers to and from the activity. Please see the '[Personalise](#)' section for full details or speak to one of our Travel Experts.

You will enjoy a well-earned dinner back at the hotel, this evening.

Included Meals: Breakfast, Dinner

DAY
5

CLIMBING AND ABSEILING

Following a full safety briefing, the group and your guide will head to a local rock face to enjoy a full day of climbing and abseiling. If the weather is unsuitable we will arrange for you to visit the renowned indoor Keswick climbing wall as an alternative. A picnic lunch is included today.

Included Meals: Breakfast, Lunch

DAY
6

BORROWDALE CHALLENGE

A final day of fun challenges awaits, as your guide will lead you on a action packed experience that you will remember long after you have left the Lakes behind. You will not only learn and use orienteering skills to navigate your way but also try out ghyll scrambling where you will essentially travel downstream along the course of a stream (or ghyll) via a series of jumps, slides and scrambles; often swimming or wading through any sections of deeper water.

Included Meals: Breakfast, Lunch

DAY
7

DEPARTURE

Today you will return home or we can also arrange for you to extend your stay in the Lake District.

Included Meals: Breakfast

Personalise this tour

Our pick



Honister Slate Mine - Via Ferrata

This is the perfect option to fill your free day with adventure at a height and is great for families with older children. Honister Slate Mine's 'Via Ferrata Xtreme' makes for an excellent introduction to climbing. This mountainside 'iron road' of rungs and ladders allows beginner climbers to safely scale incredible heights and take in some spectacular views.

Please note that there is a minimum height of 1.3m and a minimum age of 10 years old for this activity

Duration: half day

Please speak to our Travel Experts for a quotation.

Included Accommodation

Glaramara Hotel (Nights: 1-6)



Glaramara Hotel is situated in a superbly rural location, surrounded by dramatic fells, lush, green fields and the meandering River Derwent. Only 20 minutes drive from the market town of Keswick, it's easy to pop along for a visit.

It has 33 rooms in total, the majority of which are double or twin-capacity.

Hotel facilities

- The fantastic hotel restaurant and bar offers a variety of tasty dishes, with plenty of locally-sourced ingredients to enjoy, all cooked by their award-winning chef
- Free Wi-Fi throughout the hotel
- A drying room, should you get caught in a Lake District downpour!
- Families can enjoy several walking routes from the hotel's doorstep

Room type

Double and twin rooms: there are 25 double and twin rooms and 8 single rooms, all of which are en-suite. Each room is decorated in a stylish and comfortable fashion and most of them have views of the surrounding fells. Each room comes equipped with complimentary tea and coffee. Toiletries and towels are also provided.

The Specifics

Holiday group size (approximate)

Minimum group size of 4 people and maximum 24 (approximately)

Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the 'Group Size' section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

Minimum and maximum age

The minimum age for this holiday can be found in the 'Key Facts' section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.activitiesabroad.com/booking-conditions>

Please note: our payment and cancellation terms will be unique to each booking - they will be confirmed with you at the time of quotation. The terms listed

above are noted as a guide only